

BE HEALTHY. GIVE HOPE.

JOIN THE
MAINTAIN DON'T GAIN CAMPAIGN THIS HOLIDAY SEASON...
BRING HOPE TO THAI WOMEN WHO DESIRE
TO LEAVE THE SEX TRADE



HOW IT WORKS

Make a difference in a woman's life. For every Isagenix system purchased as part of the Maintain Don't Gain campaign, \$25 will be donated to The Home of New Beginnings, a holistic, relational organization dedicated to providing safety and hope to women and children who desire to leave the sex trade.

Did you know...

- There are 500,000 + men, women and children in Thailand's sex industry
- Thai women and children are trafficked worldwide

The Maintain Don't Gain Campaign runs November 24 until December 22. A team of experts and coaches will guide you through weekly calls focusing on self-care and nutrition!

MAINTAIN DON'T GAIN CAMPAIGN

The holidays bring lots of cheer, but also lots of rich foods, munchies and adult beverages that can leave you feeling tired, overwhelmed, and with an expanded waistline. So we've created an easy Isagenix "Maintain Don't Gain" program that will allow you to maintain your health during the holiday season while making a difference in a woman's life. Now you can enjoy the holidays to the fullest by giving your body essential nutrients that will help you:

- Release toxins to reach an optimal state of health
- Maintain or even lose weight
- Increase your energy and mental clarity
- Reduce stress and tension, and sleep better
- Improve your muscle tone and sports performance
- Balance digestion and maintain hormone balance

For more information or to register, contact Amy Englemark by email at aenglemark@gmail.com or phone at 250-792-0360.